

Plain and simple, pajamas make the perfect gift for every lady in your life. They are a stand-by go-to gift that is always sure to please.

This year, make them a bit more special with a sleeping mask. It's that little touch of handmade that makes the entire package that much more fabulous!

And what's even better?

You can find all the fabric you need for this project in your scrap stash!

This is a beginner sewing pattern. If at any point you have questions, you can refer to the free video

Spreecast located here: <http://www.spreecast.com/events/free-holiday-craft-class> where I walk you through the project step-by-step, or you can email me directly at Nikki@NikkiInStitches.com

Enjoy,

Nikki, In Stitches

www.NikkiInStitches.com

Materials:

- Sleeping mask pattern (located on page 6 of this PDF)
- 4" x 8" scraps of two coordinating cotton fabrics and batting (*This is the perfect project to use your scraps! Not only your odd cut little pieces of cotton, but also the trimmings from your quilt batting!*)
- Scissors
- Straight pins
- 3/8" wide elastic (cut to a piece 13" long)
- Sewing machine and basic sewing supplies
- Iron and ironing board
- 1/4" wide double fold bias tape (cut to a piece 20" long)



Directions:

1. Cut pattern shape 3 times, once from each of your coordinating cotton prints, and once from your batting. Layer them together with the wrong sides of your cotton together, batting in between, as in the picture below.

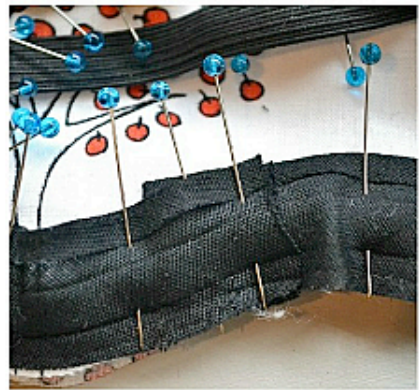


2. Pin elastic to back of sleeping mask at each edge.



3. Open bias tape. Pin raw edge of bias tape along the back of the mask, all the way around the perimeter.

NOTE: For a finished look, fold over the last 1/2" of bias tape, and press. Layer as in the close up pictures below. *If you're familiar with sewing a quilt binding, this technique for hiding raw edges should look familiar!*



4. Sew in ditch of first bias tape fold, all the way around.



5. Fold bias tape over to the front of the mask, so that the folded edge falls just over the machine stitched seam. Hand stitch in place.



6. Hand tack elastic at each end of the back of the mask so that it goes "out." *See the pictures below for help with placement!*





Sleeping Mask Pattern

